

Main Course Menu / Choice Form – Autumn Term 1 2018-19

NAME OF CHILD _____

Week 1 (w/c 3 rd , 24 th Sept / 15 th Oct)				
	Main Course (Choice 1)	Tick to Select	Main Course (Choice 2)	Tick to Select
Mon	Fish Portions with Oven Chips & Peas		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Tue	Sausage Risotto		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Wed	Steak & Vegetable Pie with New Potatoes & Broccoli		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Thur	Roast Chicken with Gravy, Roast Potatoes, Green Beans, Cauliflower		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Fri	Pasta Bolognese		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []

Week 2 (w/c 10 th Sept / 1 st Oct)				
	Main Course (Choice 1)	Tick to Select	Main Course (Choice 2)	Tick to Select
Mon	Chicken Fillets in Breadcrumbs with Potato Wedges & Beans		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Tue	Lasagne with Broccoli & Peas		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Wed	Fish Fingers with Oven Chips & Sweetcorn		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Thur	Braised Steak with Roast Potatoes, Carrots & Parsnips		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Fri	Chicken Curry with Rice & Naan Bread		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []

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Week 3 (w/c 17 th Sept, 8 th Oct)				
	Main Course (Choice 1)	Tick to Select	Main Course (Choice 2)	Tick to Select
Mon	Breaded Salmon Fillets with New Potatoes & Broccoli		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Tue	Chicken Burgers in Seeded Buns with Oven Chips & Spaghetti Hoops		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Wed	Sausage Rolls with Herby Diced Potatoes & Beans		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Thur	Roast Turkey with Gravy, Roast Potatoes, Stuffing Balls & Peas		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []
Fri	Chilli Con Carne with Rice		Tuna Baguette Cheese Baguette Ham Baguette Egg Mayonnaise Baguette	[] [] [] []

A choice of a freshly made pudding or yoghurt and fruit will be available to pupils (*please see the full menu on our website*)

Baguettes

Baguettes will be buttered. Please note below if your child does not want butter in their baguette.
